



African Leadership Academy

Developing the next generation of African leaders

C

ourage Matiza

Management & Development

for

Health

Zimbabwe
Amherst College, United States

Tanzania

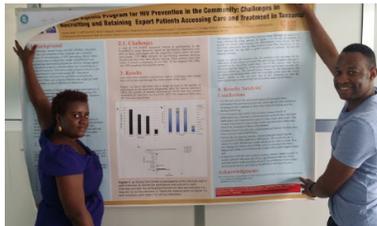


Management and Development for Health

Internship Description: 9th June 2014- 1st August 2014

Throughout my time in Dar es Salaam I worked with both Management and Development for Health (MDH) and African Academy Public Health (AAPH). I spent a greater amount of time designing and setting up administrative tools for the Healthy Options study. It was an iterative process of testing different tools, some as simple dropbox, in the hope of identifying which tool would best connect our diverse and dispersed team. In the course of doing so I frequently interacted with MDH staff and had conversations about their work.

I was able to add value to the organization by helping to set up the foundation of the Healthy Options study. I had to use my technology skills to help improve communication between Dar es Salaam and Boston team members. I also had to use my English proficiency to edit important documents. **The numerous random tasks that I performed helped to relieved pressure on AAPH's small team.**



I improved on my analysis, writing and editing skills. Moreover, I engaged in iterative research of the Health Options study and became a co-author of a poster presented at the World HIV Conference in Australia. I learnt a great deal about the Human Resource hiring processes, by leading the hiring of project team members. Throughout my internship I learnt to multitask, improvise and be proactive; all skills that helped me contribute value to the MDH and AAPH's which ultimately improved the Tanzanian healthcare system.

The internship opened my eyes to different and numerous opportunities of getting involved in public health. My interaction with the highly qualified and mostly Tanzanian MDH/AAPH staff made me realize that I tend to excel in highly diverse work environments. In addition, **I realized that there are still several avenues, besides being a medical doctor, to develop Tanzania's healthcare system and I am confident I can have an impact in at least one of those.**